

# January

&

# February

## FRASER RIVER MIDDLE SCHOOL

### Principal's message

This last couple of weeks in January have been very busy. On January 23rd the grade 8 students traveled to NWSS to participate in a Technology and Trades Discovery Day. They learned about the vast number of opportunities our high school offers to our grade 9 students. They participated in hands on activities in carpentry, cooking, electrical or plumbing. They also toured the Tech Ed classes in Drafting, Electronics, Metal and Woodworking. The reports I received from both the teachers and the students were excellent.

We had three performances this week from The Maple Man. The Maple Man does presentations to target Core French audiences at middle schools. The performance was paid for by the district and by the Canadian Parents for French. The students were shown how maple syrup is made and they also got to taste some maple syrup on a stick. There were a lot of smiling faces as students walked the halls tasting the syrup.

On Wednesday, January 30<sup>th</sup> the superintendent, Karim Hachlaf, and the district communications coordinator, Holly Nathan visited our school from 10:30 to 12:00. They were impressed by the many things that are going on at our school. In Mr. Kozak's and Mrs. Loutsik's classes the students worked on a name plate project using the design and build process. The learning commons was filled with students participating in Ms. Weisners maker space. Students can ask to attend maker space and have many activities they can participate in (usually on Fridays). We also toured many other areas in the school and it was great that Mr. Hachlaf and Ms. Nathan had an opportunity to talk to students and teachers.

Debbie Jones

### Important Dates

- Feb. 6 - Collaboration Day (11:45am Dismissal)
- Feb. 11 - PAC Meeting (7:00 pm in the Learning Commons)
- Feb. 18 - Family Day - School Closed
- Feb. 22 - Non-Instructional Day - School Closed
- Mar. 14 - Term 2 Report Cards go home
- Mar. 15 - Last Day of school before Spring Break
- Apr. 1 - School reopens after Spring Break
- Apr. 9 - Collaboration Day (11:45am Dismissal)
- Apr. 19 - Good Friday - School Closed
- Apr. 22 - Easter Monday - School Closed
- Apr. 29 - Non-Instructional Day - School Closed
- May 17 - Non-Instructional Day in Lieu - School closed for students
- May 20 - Victoria Day - School Closed

### 5 ways to live a healthy lifestyle

1. Get active every day
2. Choose water as a drink
3. Eat more fruits and vegetables
4. Turn off the TV or computer and get active
5. Eat fewer snacks and select healthier alternatives.



### IMPORTANT MESSAGE

We kindly ask parents that if your student is not returning to FRMS in September to please let the school know. This will help us project our next year's enrollment.

Thank you!

### REPORT CARD ENVELOPES

Please help us save paper by returning the report card envelope sent home in December with the Term 1 Report Card to your child's teacher so that it can be reused. Thank you!

### PAC MEETING

The next PAC Meeting is on February 11th at 7:00 pm in the Learning Commons.

# FRMS FALCONS ATHLETICS

The FRMS Athletics Department encourages all of our parents to volunteer to help with the coaching and development of our school sports teams. If you, or anyone you know, has expert knowledge and/or skills in competitive sports such as volleyball, basketball, hockey, football, badminton or track & field, please contact our school's Director of Athletics, Marc Ruus at [mruus@sd40.bc.ca](mailto:mruus@sd40.bc.ca). We believe that our students will benefit greatly if more parents get involved with our school's athletics program.



We hope to hear from you soon!



## The FRMS Yearbook is on sale!

You can personalize yours by going to [www.jostens.com](http://www.jostens.com) and searching for Fraser River Middle School.

Early bird price - \$25 by end of day Feb 14th

Regular price - \$30 by end of Apr 30th

You can place your order online through school cash:

<https://newwestschools.schoolcashonline.com>

## New Westminster Youth Centre Dance (Gr. 6-8)

Doors will open to pre-sold ticket holders at 6:30pm.

Photo ID required for entry into event

**Location:** New West Youth Centre  
**When:** Saturday February 2, 2019  
**Fee:** \$7.00/advance / \$12.00 at the door

### Ticket Locations:

Online: [www.newwestcity.ca/parks-and-recreation](http://www.newwestcity.ca/parks-and-recreation)

Canada Games Pool

Centennial Community Centre

New West Youth Centre



## LUNCH PROGRAM

...is continuing!

Students are able to choose from three different local restaurants each Wednesday & Friday.

Students can place their order on Friday mornings between 8:00 and 8:45 am in the hall across from the office.

The restaurants/cost are as follows:

Me-n-Eds Pizza - \$5.00

Subway - \$4.00

Belmont Cafe - \$4.00-\$7.00



## Attention Gr. 8 Parents

NWSS will be coming to Fraser River Middle School next week to go over course selection with all the Grade 8's for the 2019/2020 School Year.

## When course selection time comes, we hope you remember "ADST 9" when choosing your electives!

Parents/guardians, gone are the days when apprenticeship was a lesser option. Now, there are so many very safe jobs for our apprenticeship program grads that employers are contacting us to see who they can hire and one company is aiming to set up a full scholarship program! On top of that, a fully certified Red Seal tradesperson earns more money (on average, about \$51,000 per year versus \$45,000 for university grads) and can advance very quickly to supervisory, management, or other roles - the sky is the limit. Did you know that BCIT also accepts them into the 3<sup>rd</sup> year of their Business Degree? That's right, the Red Seal counts as 2 years toward a degree at several institutes now and the trend is growing. Some students are even using their apprenticeship job to pay for their university classes to avoid debt. A good first step to supporting your child to consider the apprenticeship pathway is to select an ADST 9 Tech Ed or Foods 10 course.

We look forward to working with the incoming grade 9 students and their families in 2019/2020.

To learn more, please contact Ms. Karen Crosby at [kcrosby@sd40.bc.ca](mailto:kcrosby@sd40.bc.ca)