



Community School Programs at FRMS!

SUPERCOOKS (Grades 6-8)

Have you ever wished you could make delicious meals at home? Join SUPERCOOKS and learn some kitchen skills, recipes, and nutrition.

Fraser River Middle School - Room 319

Thursdays, 3:15 - 5:15pm

Date: Feb 3 - Mar 10 (6 sessions)

Registration Fee: Free

Yoga (Grades 6-8)

Stories are built into yoga sequences of movement and relaxation. The objective is to inspire a sense of wonder, well being, our interconnection with nature, and to have FUN!

Fraser River Middle School - Drama Room

Wednesdays, 3:15 - 4:15pm

Date: Feb 2 - Mar 9 (6 sessions)

Registration Fee: Free



FAMILY SERVICES
of Greater Vancouver

To submit your registration application, please visit: <https://forms.office.com/r/HY7vEH36iU>

Forms must be submitted by Monday, January 17th. Participants will be selected via a random draw. If your child is selected for the program, you will be contacted for confirmation. Only parents whose children have been selected will be contacted.

If you have any challenges with the online form, please contact communityschools@sd40.bc.ca or 604-517-6291.

Have questions?

Contact Community Schools

Phone: 604-517-6291 **E-mail:** communityschools@sd40.bc.ca

Check out our friends for more program opportunities at :

