



FRASER RIVER MIDDLE SCHOOL

604-517-1800

Fraser River Middle School recognizes and acknowledges the Qayqayt First nations, as well as all Cost Salish peoples, on whose traditional and unceded territories we live, we learn, we play and we do our work.

PRINCIPAL'S MESSAGE

I hope that everyone had an excellent Spring Break and April long weekend. Our students came back to school rejuvenated and energized for the final term of the school year. I am so appreciative of the beautiful weather, longer days, and the promise of summer after a rain, cold, and snowy winter.

Before the break, we had FRMS's Got Talent. A big thank you to Ms. Dowdell, Mr. Colish, Ms. K, Mr. Smith, and Mr. Gibson for planning and performing in the Talent Show. We had two performances, and they were a hit! We also had our grade 7 girls, boys, and non-binary basketball teams play in their end of season tournaments right before Spring Break. Thank you to Coach Tyers, Davis, Jon, Rod and of course Mr. Ruus for all of their time, energy, and dedication.

We had the Transit Police join our school community in the form of small group presentations on March 28th and 29th. The location of FRMS makes understanding the transit system and safety essential. We are fortunate to have a world-class system in Vancouver and we want all students to feel safe and comfortable taking transit. A big thank you to Drew Ferrari for setting this up. Thank you also to Peter Julian MP for the presentation on April 5th.

As we move through April, we continue our transitions for our current grade 8 students to NWSS and for the grade 5 students at our feeder elementary schools. During these times, the work we have done throughout the year on identity, self-regulation, and resilience is put into action. I look forward to sharing an exciting opportunity in May for our families to come into FRMS and celebrate the learning in May.

Yours in learning,
Ms. J. Harrison

Important Dates

- April 24 Non Instructional Day - School Closed to students
- May 1 PAC Meeting via Zoom (7 pm)
- May 19 Non Instructional Day - School Closed to students
- May 22 Victoria Day - No School

PAC MEETING

The next PAC Meeting is May 1st at 7:00 pm in person and on zoom:

Meeting ID: 873 6001 3077
Passcode: 170 479

Budget Consultation: Survey for 2023-24

The Board of Education is working to develop the budget for the 2023-24 school year, and is currently engaged in consultation that will help inform district priorities for the coming year. We are seeking your feedback to help measure whether we're on the right track with the proposals currently being considered.

The recommendations being developed build on the work of the last few years, as we continue to take action on our 5 year strategic plan ([Our Learning Journey: Strategic Plan for 2019-2024](#)). They are informed by consultations and roadmaps that have already been put in place through various engagement opportunities within our communities. And, the overall goal of the recommendations is to continue on with the investments already made, while we also layer on new pieces that build and respond to the growing needs we're seeing arise. You'll see this year that many of considerations we're looking at are centred around supporting our growing enrollment in our schools, and addressing the related capacity issues we're facing.

We invite you to take a few minutes to [complete this survey](#) and share your thoughts on some proposed ideas and investments for next school year.



Pro-D Drop in at the Youth Center

The Youth Center will be open from 12:30pm to 9:00pm on Monday April 24.

Drop-in is \$1.00 or use your [New West Youth Membership Pass](#)

Vancouver Warriors Lacrosse

New York Riptide—Stick to School Special Officer April 29th

Unlock 1 complimentary kids ticker with the purchase of 1 adult ticket.

[CLICK HERE TO TAKE ADVANTAGE OF THIS GREAT DEAL](#)



Student Accomplishments

We would like to recognize 2 students from FRMS that have earned National titles in their weight class over the past couple weeks during Wrestling Nationals:

- Cruz 44kg
Champions Gold in Freestyle
Silver in Greco-Roman
- Ilia 62kg
Champions Gold in Freestyle
Champions Gold in Greco-Roman

FROM THE PAC

- Tru Earth Fundraiser. Earth Day sale, until the end of April. —[click here](#)
- Free Parent Education Seminar on Collaborative and Proactive Solutions for supporting youth and mental health. Thursday May 4th.

For more details and to register, [click here](#)

The Youth Climate Activism Award honours students under the age of 20 and comes with a prize of up to \$1000.

Make a 5 minute video or write a short story of 500 words and tell us how you are taking meaningful steps toward improving the outlook for our planet with respect to climate change.

SUCCESSFUL NOMINEES WILL BE SELECTED BY THE YOUTH CLIMATE CABINET OF I-SEA. FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE OR DROP US A LINE.

APPLICATION PORTAL

**Opens Earth Day - April 22, 2023
And Closes - May 18, 2023**

WINNERS ANNOUNCED June 10, 2023



You're Invited: Parent Workshop on Disordered Eating

We're excited to invite you to an upcoming parent workshop about disordered eating and eating disorders – an issue we've heard both parents and students asking for more resources on.

When: Thursday April 20th from 6:30 pm to 8:30 pm

Where: In the multipurpose room at Fraser River Middle School.

Please use this link to register in advance:

<https://eatingdisorders-wellnesscentre.eventbrite.ca/>

FRMS Administration

Team Feedback

Please complete the survey to provide the FRMS Administrative team with how we are doing in terms of support our students and community.

[Start Survey](#)