



# FRASER RIVER MIDDLE SCHOOL

## 604-517-1800

Fraser River Middle School recognizes and acknowledges the Qayqayt First Nation, as well as all Coast Salish peoples, on whose traditional and unceded territories we live, we learn, we play and we do our work

### PRINCIPALS MESSAGE

Welcome back FRMS Falcons! To those who are new to our community, welcome! To those who are returning, welcome back! This week has left our staff feeling energized and excited for a year of relationship-building and meaningful learning. For those who were here last year, I am entering this school year as Ms. Davis (previously Ms. Harrison) following my marriage in the summer.

I would like to invite all FRMS families to our Open House on September 13<sup>th</sup>. Last year was the first year that we have done an Open House since the opening of FRMS in 2016. The event was well-attended and gave students the chance to show their loved ones where they learn and for families to learn about FRMS in addition to meeting school staff and learning more about District supports like Settlement Workers in Schools and BYOD.

This year, we are continuing with the revision of the FRMS Code of Conduct. We will be doing a family engagement this evening. If you cannot attend and want to provide feedback and information for our Code of Conduct work, I invite you to fill out the MS Form:

[Microsoft Forms](#)

The Open House also provides a valuable opportunity to connect with other families and learn about ways to get involved with FRMS like the PAC. Getting involved in any way possible is the advice we always give to students. Find your passions, build connections, and move forward on your learning journey. Thank you to the FRMS PAC for the first day treats and the support with the Open House.

We look forward to having Ken Headly, District Vice Principal of Diversity, Equity, Inclusion, and Anti-Racism do specific work with our students around anti-racism this year. This builds on the specific inclusion of anti-racism in our school-wide expectations and the presentations done by Ken with all grade 8 Middle School students in New Westminster schools last year along with the BC Lion's and their Team Up to End Racism presentation. I would also like to take this opportunity to share SD 40's Diversity, Equity, Inclusion, and Anti-Racism Parent Tool Kit. There are some fantastic resources for families in the Toolkit <https://newwestschools.ca/deia-parent-toolkit/introduction/>

I look forward to sharing my next learning update at the end of the month. I have no doubt that this will be an amazing year. FRMS is also on Twitter. Check out our learning at @FRMiddleSchool.

Yours in learning,  
Ms. J. Davis

### **DATES TO REMEMBER**

- Sept. 13 ... FRMS Open House
- Sept. 14 .... Student Photo Day
- Sept. 18 ... Non Instructional Day - School Closed
- Sept 25 .... PAC Meeting 7pm—Learning Commons
- Oct 2 ..... National Day for Truth and Reconciliation - School Closed
- Oct. 9 ..... Thanksgiving Day (School Closed)
- Oct. 11/12 Early Dismissal at 12:10  
..... - 3 way interview -
- Oct 17 ..... Grade 6 Immunization
- Oct 19 ..... Photo Retake Day
- Oct. 20 .... Provincial Pro-D Day—School Closed

### **School Timetable**

- ◆ School starts at 8:36
- ◆ Lunch is from 12:10 pm to 1:00 pm. Grade 6/7 Students play outside first and come in to eat at 12:30 pm and Grade 8 Students eat at 12:10 and play outside at 12:30.
- ◆ Keeping hydrated is important for learning brains. Students should bring a water bottle to school.
- ◆ The First Floor will be available at 8am for students, we will have breakfast club from 8:20-8:35.



### **PAC Meeting**

**When:** Monday, September 25, 2023  
**Time:** 7:00 pm  
**Where:** FRMS Learning Commons

**Join the PAC!**  
**Food, fun and new friends!**

## Student Absences

Please notify the school if you know that your child will be absent or late for school. You may leave a phone message at the school anytime.  
604-517-1800

Or report an absence online

<https://fraserriverschool.ca/report-a-student-absence/>

We want to ensure that you and the school are aware of your child's whereabouts.



## PHOTO DAY!



Mountain West Photographers will be at FRMS on **Thursday Sept 14th** to take individual and class photos.

## Traffic Safety to and from School



We want to stress the importance of using sidewalks & crosswalks and following safe traffic and road rules. Please talk to your child about taking extra caution near busy intersections and corners.

Students should be cautious and fully aware of their surroundings and avoid using their cell phones and listening to loud music. We would also like to stress how important it is to ALWAYS wear a helmet if riding a bike, scooter or skateboard.



## Leaving School at Lunchtime

We ask that students stay at school for lunch and not leave school property.

Students may only go home for lunch if they have permission from their parent/guardian by note or by phoning the school.

**Please note that this does not include going to the store.**

If a student forgot to bring a lunch to school, they can call home to see if a parent can drop something off, or their parent can take them to pick something up.

We do have some food items on hand in case a lunch can't be dropped off.



Fraser River Middle School does not permit food delivery from Skip the Dishes, Uber Eats and all other food delivery services, as it means that students may end up interacting with strangers without the knowledge or supervision of responsible adults. This is an issue of safety that affects all students and we thank you for your help.

## IMPORTANT REMINDER

The school district is now on an online system called School Cash that will allow parents & guardians to pay for items such as field trips, sports teams, fundraising, etc. Back to School Permission forms for Walking Field Trips, Photo Use and Use of the Internet will now also be filled out and signed through this system.

<https://www.schoolcashionline.com/>



## Terry Fox



This year marks the 44<sup>th</sup> anniversary of Terry's heroic journey. The students will be running on Friday Sept 22nd.

Mrs. Davis has created a virtual fundraising page for FRMS.

<https://schools.terryfox.ca/32865>

Donations will also be accepted at the school until Friday Oct 8th.

## NEW WEST YOUTH AFTER SCHOOL DROP-IN

Hang out with friends, play games and sports, or create your own fun! Each season also features specialty samplers that include activities focussed on arts, self-care, new media and more.

## FRMS Multi-purpose Room & Gymnasium

### Drop-in Hours

Monday: 3:15—5:15pm

Wednesday: 3:15—5:15p,

Friday: 3:15—9:00pm

### Drop-in Fee

\$1.00 per visit or FREE with a New West Youth Membership Pass (\$21 yearly fee)

### FRMS/Neighbourhood Youth Worker:

Rhiannon Foxcroft

[rfoxcroft@newwestcity.ca](mailto:rfoxcroft@newwestcity.ca)

604-834-0320

Learn more about Youth Services



## Donate your old Guitars

Do you have an acoustic guitar at home that is collecting dust? Do you want to make space at home and support music education in your community? Consider donating your old guitar to the music program at FRMS! Our students learn the ukulele and piano and can join the band or choir. By donating your acoustic guitar, you can help enhance music education at the school by adding guitar to the list of instruments available to students. Please drop off guitars in working condition at the office or contact Mr. Silverman ([msilverman@sd40.bc.ca](mailto:msilverman@sd40.bc.ca)) for information.