

FRASER RIVER MIDDLE SCHOOL
Parent Advisory Council (PAC) Meeting
Fraser River Middle School

General Meeting - NOV 7, 2022, and ZOOM

AGENDA		Action
1. Call to Order	Territorial Acknowledgement and Welcome <i>New Westminster Schools recognizes and acknowledges the Qayqayt First Nation, as well as all Coast Salish peoples, on whose traditional and unceded territories we live, we learn, we play and we do our work.</i>	Karon Trenaman & Vinny Avila
2. Attendance		Christine Stover
3. Approve Agenda	Additions/deletions to the agenda	Vinny & Karon
4. Guest	School Trustee Report	TBA
5. Pass previous minutes	Review Past Minutes	Karon & Vinny Francis motioned 1 st And Allison 2nd All in favor
6. Principal's Report	Ongoing update and report	<p>Grade 8 field trip was so great had fun. White hatter was a huge success.</p> <p>Discussed past events and upcoming events.</p> <p>November Update.pptx</p> <p>District securing an artist. Local indigenous artist for a logo. To engage with kids. What sentiment or feelings should be included in the vision or feeling. Please let us know your suggestions. Some words we discussed tonight: river people, unity, protection, united front</p> <p>If PAC can Support:</p>

		<p>Band Trip going to whistler in April. Also, band concert dec 13th Tues night. Pac to fund coffee and cookies.</p> <p>Invest in basketball. Grade 8 from size 6 to 7 need 20 basketballs and need jerseys.</p> <p>Information for Saleema Noon see slideshow</p> <p>Finalize school learning plan. Provide student voice</p> <p>Holiday donations please drop off 2nd hand coats.</p> <p>Donations of chromes as a school. Connect families that are at need. Then we can add them to list. We have 20 now.</p>
7. Treasurer's Report		<p>Francis Ribeiro</p> <p>603.90 confirm</p> <p>Vinny 1st motioned and Allison 2nd all in favor.</p>
8. NW Youth Services	c	<p>Filip Filipovich</p> <p>Over 100 students came on Friday. Friday drop in has opened up. Want to grow our grade 6 population. Went through upcoming events. You can visit website and Instagram</p>
9. DPAC Report	<p>BCCPAC DPAC Summit NOV 18/19 DPAC meeting NOV 17</p>	<p>Katja</p> <p><u>Home Alone Programs (via First Aid Hero)</u></p> <p><i>Home Alone Course - online self-paced</i></p>

- Is your child ready to stay home alone?
Help your child prepare for independence
- 90 minute self-guided tutorial through engaging games, digital media, videos and colorful graphics that equip youth with safety and basic first aid skills
- Recommended for youth 10 and older
- 90-minute self-paced tutorial
- \$39 - unlimited access to program for 21 days from the date of purchase
- Register:
<https://www.homealonecourse.com/product/home-alone-course/>

Red Cross Stay Safe (Home Alone) - certificate course

- Taught by experienced Youth Leader
- Offers basic first aid and safety

		<p>skills for youth 9-13 years old</p> <ul style="list-style-type: none">• Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities• Online via zoom – over 2 days 4pm-6pm (\$55-\$60) register: https://firstaidhero.com/product-category/stay-safe-online/• Or in-person classes Saturdays 9am-3pm (\$65) at venues throughout the Lower Mainland register: https://firstaidhero.com/product-category/stay-safe/ <p>No \$ currently allocated in the PAC budget so would be paid by parent/caregivers</p>
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Transportation

- Recently PAC Chair visited MLA Aman Singh's office to ask about the status of the busing promise for Queensborough students. They missed speaking with MLA Singh directly, but was able to speak with Constituency Assistant, Sherrill Gullickson who shared the following information:
 - MLA Singh has secured a private busing company to provide service from Queensborough to NWSS
 - The provincial finance department has decided that since there hasn't recently been a public call for this busing service, that they don't see the need and won't provide the funding for the private bus service
 - **if there is a public call for this service, they will provide the funding and the program is a go**
 - a public call means: individual letters and emails from parents (and students!) asking for this busing service
 - letters and emails should be sent to

both MLA Singh
and his CA:

- a. Aman.Singh.MLA@leg.bc.ca
- b. Sherrill.Gullickson@leg.bc.ca

- There is a need for this service, and right now it is challenging for students to get from QB to NWSS safely and on time. If they were to receive letters from FRMS parents whose children live in the West End, it would show that providing a second bus under the same busing arrangement with the private company would be of enormous value.
- DPAC is committed to continue pushing on this issue throughout this year.
- for more information families can reach out to **SD40 DPAC Chair** newwestdpacchair@gmail.com Laura Kwong
- Any affected parents/ caregivers/students please:
 - Send individual letters and emails asking for this busing service
 - Do not use shared or boilerplate text or social media campaign it has to be an individual letter

- o Indicate your need for this service, and how challenging it is to get to FRMS safely and on time
- o Specify your individual situation in the letter
- o Letter/ emails should be sent to both MLA Singh and his CA:
Aman.Singh.MLA@leg.bc.ca

Sherrill.Gullickson@leg.bc.ca

Family Smart

- Parent Peer Support
<https://familysmart.ca/parent-peer-support/bc-parent-peer-support/>
- For parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge
- Resources
<https://familysmart.ca/resources/>
- Videos
<https://familysmart.ca/videos/>
- *Monthly online events*
 - o Facilitated by FamilySm

- art Parent
- Peer
- Support
- Workers
- o Watch a video and share experiences and strategies that help in the hard moments and focus on strengthening our understanding and connection with our kids
- o Register: <https://familysmart.ca/monthly-events/>

SD40 Wellness Centre - White Hatter “Digital Literacy & Internet Safety for Parents and Caregivers”

- For parents/caregivers that missed it, the school district’s Wellness Centre

		<p>has arranged another Digital Literacy & Internet Safety workshop</p> <ul style="list-style-type: none"> ● Online November 23rd - 6:30-8:30 ● This webinar serves as a 101 introduction on the many different subjects for families staying safe and private online. They will address the immediate concerns and solutions caregivers can implement to raise digitally literate young adults. ● Registration: https://www.eventbrite.ca/e/digital-literacy-and-internet-safety-for-parents-and-caregivers-tickets-444789406087
10. Fundraising/ Grants	Katya Solomon and Stephanie Simpson	<p>Coffee</p> <ul style="list-style-type: none"> ● Coffee orders arrived ● 73 bags sold ● Approximately \$430 estimated net, however

		<p>final vendor invoice pending</p> <ul style="list-style-type: none"> • Campaign to be repeated again around February <p><u>Spirit Wear</u></p> <ul style="list-style-type: none"> • 101 items sold • Approximately \$165 estimated net, however final vendor invoice pending • Campaign to be repeated again in the Spring <p><u>Winter Growing Smiles</u></p> <ul style="list-style-type: none"> • Reviewed the program • Agreed we could try this and place on school cash online for a 2-week window for delivery before the school holidays • Poinsettias, wreaths, planters, greenery etc for the holidays • Prices are fair and direct from local greenhouse
11. Community Building	Volunteer opportunities between now and Christmas	<p>Vinny & Karon</p> <p>Band concert</p> <p>3 days of Christmas</p>
12. Teacher Appreciation	OCT thank you to staff Christmas treats	Staff were appreciative for the Oct treats. To discuss December treats for staff at next PAC Meeting.

13. Miscellaneous		
14. Next Meetings		DEC 5 Vinny to Chair
15. Adjournment	Thank you for coming!	Karon & Vinny