

# January

Fraser River Middle School  
604-517-1800



Fraser River Middle School recognizes and acknowledges the Qayqayt First Nations, as well as all Coast Salish people, on whose traditional and unceded territories we live, we learn, we play and we do out work.

## DATES TO REMEMBER

Feb 3 .....PAC Meeting 7pm  
Feb 6 .....NWSS Gr 9 Course Selection Presentation  
Feb 14 .....Pro D Day—School Closed to Students  
Feb 17 .....Family Day—School Closed  
Feb 21 .....2000 / Y2K Day  
Feb 26 .....Pink Shirt Day  
March 3 .....PAC Meeting  
March 4 .....Club and Teams Photo Day  
March 13 .....Term 2 report card published on MyEd

### PAC MEETING

The next PAC Meeting is February 3rd at 7:00 pm online only (due to weather) through Zoom:

Meeting ID:

849 0959 9653

Passcode: 507656

### Student Safety Reminders

- Please remind your child(ren) to use the cross walks when crossing the street. 8th St. and Queens Ave are high traffic areas.
- Not to push or shove when getting on or off the public transit. Remember to act in a respectful manner and use appropriate language at an reasonable level. There are buses at 3:02 and 3:12
- If students are around the staff parking lots, to please use the sidewalks, and keep their head up.
- We ask Parents not to park in the staff parking lots for morning drop off, this includes early morning practices
- We ask Parents not to park in front of our neighbours drive ways
- We ask Parents not to block the School Bus parking on Queens Ave in the morning and afternoon

### Yearbook is on sale!

Early bird price - \$30

Dec 1 to January 31, 2025

Regular price - \$35 Feb 14

You can place your order online

Through [School Cash](#)

### Grade 9 Course Planning

NWSS will be going to FRMS on February 6th to talk to all grade 8 students about course selection for next year. Please see the

[25/26 Course Booklet](#)

### Personal Electronic Devices

We should not see cell phones between 8:36 am and 3:00pm unless permission is granted.



Please note, unless permission is given by a staff member, NO photographs, voice or video re-cording are permitted

The BC Ministry of Education and Child Care invites parents and guardians of students in Grades 4,7,10, 11 and 12 to participate in the 2024/2025 Student Learning Survey (SLS) from **January until May 2, 2025**.

Students in Grades 4,7,10, 11 and 12 will be supported at their own school site to complete the survey during the same time.

The SLS covers a range of topics, providing a comprehensive picture of the educational experience in B.C. public schools. Questions were developed with input from partner groups, teachers and experts in educational measurement and inclusive education. The parent and guardian surveys are available in 18 additional languages.

For more information, including further instructions and the survey links, visit: [Student Learning Survey](#)

SPRING SEASON IS HERE!

**ROYAL CITY HYACKS FOOTBALL CLUB**

# SPRING FLAG

REGISTRATION IS NOW OPEN!

SPRING FLAG FOOTBALL OFFERS CHILDREN OPPORTUNITY TO LEARN FOOTBALL SKILLS IN A NON-CONTACT, COMPETITIVE 5-ON-5 FORMAT.

REGISTER NOW

AGES FROM 5-18

FLAG FOOTBALL PRACTICES AT MERCER STADIUM COMMUNITY CHEER

SPRING FLAG FOOTBALL & COMMUNITY CHEER

[HTTPS://RCHFC.HYACKFOOTBALL.COM/REGISTRATION/](https://rchfc.hyackfootball.com/registration/)

**FRMS PAC February Meeting - Virtual Only**

Due to Monday's weather forecast, our PAC meeting will only be held virtually.

See you on Monday, Feb 3rd at 7:00 pm on Zoom.

The meeting Zoom link is: [Here](#)

Meeting ID: 849 0959 9653 |

Passcode: 507656

**DPAC Naloxone Training, Wed Feb 5th**

DPAC is hosting a Naloxone and Overdose Prevention training with Purpose Society for **Wednesday February 5th, 6:30 pm at Ecole Qayqayt Elementary.**

Attendees can RSVP to DPAC Chair, Laura Kwong at [newwestdpac-chair@gmail.com](mailto:newwestdpac-chair@gmail.com) so they can ensure enough take home naloxone kits for all participants. Thank you!

**2025 New West Youth Awards -**

**Nominations Now Open**

Do you know of an outstanding young person aged 13-18 who is actively contributing to New Westminster, we invite you to nominate them for an award? To learn more and to submit your nominations, please visit [newwestyouth.ca/youthawards](http://newwestyouth.ca/youthawards)

**Grade 8 Class of 2025**

**Hoodies**

Hoodies are now on sale for a limited time.

All orders need to be placed by

February 14th at 3pm.

Adulting Sizing only.

Purchase through

[School Cash Online](#)



**NEW WEST MINOR BALL HOCKEY ASSOCIATION**

# TRY BALL HOCKEY FOR FREE!

**Registration:**

**Please Bring:**

- CSA Approved Helmet with a cage (or shield)
- Hockey Gloves
- Hockey Stick

**FREE T-Shirt for All Attendees!**

**Ages U9-U15 (2011-2018) | February 9 (11:30-2:30) | Queen's Park Sportsplex**

# New West

## YOUTH SERVICES



### youth skates

🕒 Saturdays, 8:15 - 9:45 pm  
**January 11**  
**February 8**  
**March 15**

💰 \$2.00, includes skate rental.  
*Cash only at the arena.*

📍 Moody Park Arena  
701 Eighth Avenue

**Age 11 - 18 welcome!**

### Youth Overnighter

Our trained staff ensure a safe, inclusive environment where everyone can relax, participate, and have a great time. Spaces are limited, so don't miss out! Here's what you can look forward to:

#### Youth Skate Event

We'll take a short walk to Moody Park Arena and glide into an evening of ice skating fun at the youth-only event! Enjoy music from live DJs, play hockey, join a game or just skate around with friends.

#### Games, Challenges & Activities

After skating, we'll head back to the New West Youth Centre and enjoy: Late-night pizza

- Movies
- Video games
- Karaoke
- Late night volleyball
- Cupcake / Ice Cream Bar!
- Pancake Breakfast

#### What to Bring

This is an overnighter, so be sure to pack:

A sleeping bag and pillow for some rest (if you manage to sleep!). Comfortable clothes and anything else you need to feel at home for the night. We'll take care of the rest, including plenty of snacks to keep you fueled and a tasty breakfast in the morning to wrap up the event.

#### Event Details

- **When:** Saturday, February 8, 8:00 pm - Sunday, February 9 8:00 am
- **Where:** New West Youth Centre (Moody Park)
- **Who:** Youth aged 11-13

**Cost:** \$30.00 [Register online](#) or call/visit any [New Westminster Recreation Centre](#) to register.

**Course Code:** 222970

#### Have questions?

Contact Youth Services Assistant Program Coordinator Michelle Murray: [mmurray@newwestcity.ca](mailto:mmurray@newwestcity.ca), or call 604.515.3801.

